

## HOMOEOPATHY

### WHAT IS HOMOEOPATHY?

Homoeopathy (=homeopathy) is an alternative method of treatment, based on the nature's Law of Cure, namely 'Like Cures Like'. The truth of this law was discovered by a German scientist Dr.Samuel Hahnemann in 1796, and has been verified experimentally and clinically for 200 years. Homoeopathy is the revolutionary, natural medical science. Homoeopathy is gentle and effective system of medicine. The remedies are prepared from natural substances to precise standards and works by stimulating the body's own healing power.

### WHY SHOULD HOMOEOPATHY BE THE FIRST CHOICE OF THERAPY?

Homoeopathy is highly scientific, logical, safe, quick and extremely effective method of healing. It offers long lasting permanent cure, treating the disease from its roots, for most of the ailments. Homoeopathy is the most rational science with respect to its concepts of health, disease and cure. Homoeopathy does not treat superficially by just driving away the symptoms but heals the patient from within. Undoubtedly, homoeopathy is the medicine of future.

### HOMOEOPATHY: THE HOLISTIC MEDICINE :

The concept of disease in homoeopathy is that disease is a total affection of mind and body, the disturbance of the whole organism. Individual organs are not the cause of illness but disturbance at the inner level (disturbance of the life force, the vital energy of the body) is the cause of illness. Therefore homoeopathy does not believe in giving different medicines for different affected parts of body but rather give one single constitutional remedy which will cover the disturbance of the whole person. Homoeopathy treats the patient as a whole and not just the disease. Medical philosophy is coming more and more to the conclusion that the mere treatment of symptoms and organs can only help temporarily and that it is the healing power of the body as whole that has to be enhanced. Homoeopathy believes in holistic, totalistic and individualistic approach.

### MAGIC OF MINIMUM DOSE

Homoeopathy has a unique approach in the method of preparation of the drugs in which the end result will contain only the 'dynamic curative power' of the drug substance, devoid of any original crude substance, by a special mode of preparation called 'potentisation'. Over 2500 homeopathic medicines are prepared from sources such as vegetables, animal, minerals, chemicals, etc. Hence homoeopathic remedies with its ultra minute dose are non toxic, absolutely harmless and brings SAFE AND SURE CURE. Homoeopathic remedies are dynamic agents influencing body's energy.

### HOMOEOPATHY IS IDEAL FOR INFANTS AND CHILDREN

Most of the children's ailments like Cold, Cough, Fever, Vomiting, Diarrhoea, Dysentery, Colic, Tonsillitis, Bronchitis, Asthma, Measles, Chickenpox, Mumps, Dentition problems, etc., could be very effectively and quickly treated with homoeopathy without producing any side effects whatsoever. Unlike antibiotics and other such medicines, homeopathic pills do not hamper digestion, or lowers body resistance. Neither do they cause any allergies nor cause any damage even if taken over a long period. Children, willingly ingest homoeopathic pills being sweet in taste. Indeed, homoeopathy is child-Friendly! Besides, homoeopathy is effective also in temperamental and behavioral problems seen commonly in children like irritability, obstinacy, temper-tantrums, fears, phobias, destructiveness; and thumb- sucking, nail biting, bed-wetting,

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boring finger into the nose and picking of nose as well as in mentally & physically backward children.

### HOMOEOPATHY IS BETTER SUBSTITUTE TO ANTIBIOTICS

Homoeopathy is an effective alternate to antibiotics in infectious diseases, producing no toxic side effects and bringing about rapid recovery. Homoeopathy has definite treatment for most of the infectious disease such as Sinusitis, Tonsillitis, Bronchitis, Pneumonia, Tuberculosis, Meningitis, Otitis media (pus from ear), Gastro-enteritis (vomiting-diarrhoea), Dysentery, Urinary Infections, etc.

### HOMOEOPATHY OFFERS BEST TREATMENT FOR VIRAL INFECTIONS

Viral infections such as common cold, influenza, measles, chickenpox, mumps, viral hepatitis (jaundice), viral meningitis etc. are very well treated with homoeopathy. Allopathic system has no curative treatment for viral diseases except infusing antibiotics under the pretext of preventing secondary bacterial infections.

### HOMOEOPATHY OFTEN AVOIDS SURGERY

Homoeopathy is not against surgery. Surgery is an art and science by itself. Surgery is called forth in the conditions where medicines have limited or no role, and where surgical aid, operation can cure or improve the condition. There are number of diseases which are labeled as 'surgical', where homoeopathy works curatively and can avoid surgery. Some such ailments are : Septic recurrent Tonsillitis, Piles, Fissure-in-ano, Fistula, Appendicitis (except gangrenous), Chronic ear discharge, Vocal cord nodules, Polyp in nose-ear, Kidney & Biliary (small) calculi, small size Uterine Fibroid, Ovarian Cysts, Warts , Corns, etc.

### HOMOEOPATHY ANSWERS TO ALLERGIC DISEASES

In modern life infections have diminished and various allergic disorders are becoming popular. Homoeopathy offers very effective treatment in all allergic diseases such as various skin diseases like Urticaria, Eczema, Contact Dermatitis, as well as gives unbelievably miraculous results in Allergic Bronchitis.

### HOMOEOPATHY IS EXCELLENT FOR PSYCHOSOMATIC AILMENTS

The psychosomatic disorders like Migraine, Asthma, Acidity, Peptic ulcer, Allergy, Ulcerative colitis, etc. are successfully treated with homoeopathy. Homoeopathy has long recognized the psychological origin of somatic (body) symptoms. Homoeopathy always examines patient's mental make-up in all cases and remedies are given acting at the level of mind and body together, thus eradicating the disease. Perhaps no other system of medicine has such a superb approach of tackling the mind-body disorders with definite therapeutic agents. Homoeopathic remedies are capable of influencing the state of mind. They can specifically act to alleviate emotional disturbance such as excessive anxiety, irritability, insecurity, obsessive traits, undue jealousy, suspicion (paranoid) fears, depression, neurosis etc. By relieving the emotions such as above, homeopathic remedies bring about harmonious state of health. Thus homoeopathy demonstrates the possibility of the highest goal of medicine, the therapy for the person rather

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than for the disease alone. Homoeopathic remedies can cure mental & emotionally disturbed states.

**HOMOEOPATHIC OPINION: A MUST...**

In this scientific era of health consciousness, the time has come that for the treatment of any disease which does not respond to any particular line of treatment, one must take a homeopathic opinion immediately. Often patients lose their early time going to one specialist to another helplessly, without permanent relief, and approach homoeopathy only when other medicines fail.

**HOMOEOPATHY IS NOT A LAST RESORT**

To obtain the best results and full benefits of homeopathic science, one should resort to homoeopathy in the early phase of sickness. Because of ignorance and lack of awareness in general public about the usefulness of homoeopathy in all kinds of diseases ranging from Cold to Cancer, many patients approach homoeopathy at last only. By this time the disease process advances to an incurable stage and homoeopathy can offer little then, to the otherwise curable disorders. However timely given homoeopathic treatment could be a blessing to the ailing humanity.

**HOMOEOPATHY IS A COMPLETE SYSTEM OF MEDICINE.**

Homoeopathy is not limited to certain diseases but is universally applicable to all kinds of diseases. It is time, the people must be made fully aware of the benefits and the scope of homoeopathy. Homoeopathy should be made more and more available to the benefit of ailing persons, as it can positively help 90% of the diseases that we have today.

**Some of my cases in my experience****Case 1:**

A four month old baby was brought to my clinic with continuous non stop crying for nearly 48 hours. The paediatrician had given some pain killers to stop the cry of the child but even after that medicines, the child had not stopped crying. The parent had brought the child to me with the same condition and I observed the child, who kept on crying doesn't allowed me to examine. The whole family was crying because of the child's non stop crying and the scene was very pitiable to everyone there. It was very difficult to observe the child, but I noticed that the child was very restless. At that time the child passed urine in the grandmother's thigh and she told that the urine was very hot, the child's parents had not given any spoon of water to the child by the advice of one paediatrician. Hot urine, screaming of the child especially during urination, thristless are the leading symptoms, indicating that, the child is severely suffering from urinary tract infection and I prescribed our homeopathic medicine - Apis.mel. After the administration of

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Apis.mel all of a sudden within 5 minutes the child had stopped crying. This homoeo remedy Apis.mel is prepared from honey bee which is a best medicine for urinary tract infections. The 48 hours continuous cry of the child was cured within 5 minutes. Such a fast & speedy recovery action is available in homoeopathy which is useful in emergency cases also.

**Case II:**

An old man nearly 65 years old came to my clinic with his daughter; he was a retired executive officer from central exercise. He told that he was suffering from giddiness with ringing noise in the ears frequently.

Due to the giddiness he was afraid to walk alone in the road individually and he needs the support of his wife or daughter for many years. He was avoiding to go out of the house due to fear of vertigo and also anxiety of falling down.

Before coming to me he had consulted various experts in leading allopathic hospitals in Chennai, they diagnosed that the disease was called Meniere's disease and said it is one of the incurable disease. They advised him to take diligan and stugeron tablets at the time of giddiness.

As I observed him he told that he usually has the giddiness in the morning hours not after waking but the vertigo itself wakes up him in the morning. On observing him mentally I came to know that he was very perfect man in his official work. He was also very neat and clean and studious person, he was a short-tempered person.

On observing all his mental and physical symptoms especially the vertigo problem which wakes up him in the morning, I selected Nux.vom 200 few doses. After the intake of Nux.vom medicine he was totally free from this vertigo. To complete his treatment I had given him one dose of Sulphur 200 to complete the cure. Now he was fully recovered from this vertigo. An incurable meniere's disease was cured with homeopathy.